

# Cultivating Intimacy

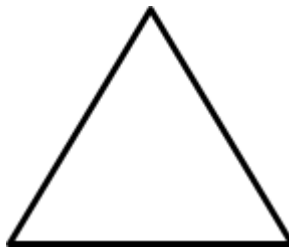
## Facebook Live - Session 1

\_\_\_\_\_ **First -**

- \_\_\_\_\_ other gods. The first 4 Commandments. - **Exodus 20:1-11**
- \_\_\_\_\_ the Lord Your God. The Greatest Commandment. - **Matthew 22:34-40**
- Commit to Grow \_\_\_\_\_ - **Matthew 6:33**

\_\_\_\_\_

- Start with \_\_\_\_\_.
- Are you \_\_\_\_\_ spiritually?
- Growing \_\_\_\_\_ begins with you growing \_\_\_\_\_.



- If you are not individually spending time \_\_\_\_\_ with God in Bible study and prayer, you will \_\_\_\_\_ to grow together spiritually as a couple.
- Show me the condition of your \_\_\_\_\_ life and I'll show you the condition of your \_\_\_\_\_ life.

As a \_\_\_\_\_

## 7 Steps to Grow Together Spiritually...

### 1. Share Your \_\_\_\_\_ Story.

- Start by sharing the role \_\_\_\_\_ has played in your formative years until now.
  - Ask, “When did God become more than just a word to you?”
  - Ask, “What difference, if any, has God made in your life?”
- Why share your spiritual journey with your partner?
- Why share your faith story with others?

### 2. Be \_\_\_\_\_ With Differences In Spiritual Maturity. - **1 Corinthians 13:4**

*Therefore, accept one another, just as Christ also accepted us to the glory of God.* **Romans 15:7**

- What do you do if you and your partner are at different places spiritually?  
- **1 Peter 3:1-2**
- The giving of \_\_\_\_\_ is a key to being patient with one another’s spiritual differences.

*Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.* **Ephesians 4:32**

### 3. Value Your \_\_\_\_\_ More Than Being Right.

- What have you proven if you’ve proven yourself right and your spouse wrong?
- One of the Holy Spirit’s roles is to \_\_\_\_\_ us of sin, righteousness and judgement. - **John 16:8**. That is not \_\_\_\_\_ role as a spouse.
- The fruit of the Spirit is \_\_\_\_\_-control and not \_\_\_\_\_-control. - **Galatians 5:23**
- Are you more concerned about being \_\_\_\_\_ or being in a right \_\_\_\_\_ with your spouse?

**Remember:** Your spouse is NOT the \_\_\_\_\_. - **Ephesians 6:12**

4. \_\_\_\_\_ Together.

- Nothing builds \_\_\_\_\_ intimacy like praying together.
- Husbands, it's important to not only pray \_\_\_\_\_ your wife but to pray \_\_\_\_\_ your wife.
- Why is praying together such an awkward exercise for many couples?
- It's hard to pray for one another and have unresolved \_\_\_\_\_ with one another at the same time.
- Wives, what would it mean to you to hear your husband say, "How can I pray *for* you? Will you pray *with* me?"

5. \_\_\_\_\_ The Bible Or Devotional Books Together.

*Open my eyes, that I may behold wonderful things from Your law. -*

**Psalm 119:18**

Effective ways of reading the Bible together:

- o Lakewood's *Wisdom of God*
- o *Daily Light*
- o Discipleship Journal's *5X5X5 Bible Reading Plan*
- o Proverb of the Day

6. \_\_\_\_\_ In Discipleship Through The Church, Small Groups, and Mentors.

- Will showing up at church boost your spiritual intimacy?
- Be intentional about the \_\_\_\_\_ on your drive home.
- Make it a priority to be in biblical community with other couples.
  - o The overwhelming majority of couples in our office for marriage counseling are often \_\_\_\_\_ from authentic, biblical community.
- Ask a couple " \_\_\_\_\_ " from you to mentor you.
  - o What does a mentor couple possess? They have financial, intellectual, physical, relational, and spiritual \_\_\_\_\_ you do not have.

7. \_\_\_\_\_ Together.

- What are the benefits of serving together?
- As often as possible, we encourage couples to serve \_\_\_\_\_ by side.

**Next Steps:** Rank the following in order of importance. Take each spouse's number one and discuss how you'll incorporate it into your relationship this week:

\_\_\_\_\_ Praying together

\_\_\_\_\_ Reading the Bible together

\_\_\_\_\_ Attending church and a small group together

\_\_\_\_\_ Sharing our faith stories with one another

\_\_\_\_\_ Serving together

\_\_\_\_\_ Being patient with each other's spiritual growth

\_\_\_\_\_ Practice Self-Control and not Spouse-Control

Other: \_\_\_\_\_