

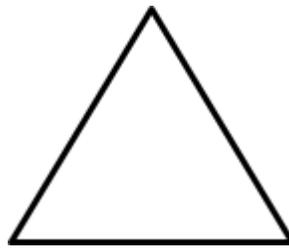
Cultivating Intimacy

Facebook Live - Session 1

_____ **First -**

- _____ other gods. The first 4 Commandments. - **Exodus 20:1-11**
- _____ the Lord Your God. The Greatest Commandment. - **Matthew 22:34-40**
- Commit to Grow _____ - **Matthew 6:33**

- Start with _____.
- Are you _____ spiritually?
- Growing _____ begins with you growing _____.



- If you are not individually spending time _____ with God in Bible study and prayer, you will _____ to grow together spiritually as a couple.
- Show me the condition of your _____ life and I'll show you the condition of your _____ life.

As a _____

7 Steps to Grow Together Spiritually...

1. Share Your _____ Story.

- Start by sharing the role _____ has played in your formative years until now.
 - Ask, “When did God become more than just a word to you?”
 - Ask, “What difference, if any, has God made in your life?”
- Why share your spiritual journey with your partner?
- Why share your faith story with others?

2. Be _____ With Differences In Spiritual Maturity. - **1 Corinthians 13:4**

Therefore, accept one another, just as Christ also accepted us to the glory of God. **Romans 15:7**

- What do you do if you and your partner are at different places spiritually?
- **1 Peter 3:1-2**
- The giving of _____ is a key to being patient with one another’s spiritual differences.

Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. **Ephesians 4:32**

3. Value Your _____ More Than Being Right.

- What have you proven if you’ve proven yourself right and your spouse wrong?
- One of the Holy Spirit’s roles is to _____ us of sin, righteousness and judgement. - **John 16:8**. That is not _____ role as a spouse.
- The fruit of the Spirit is _____-control and not _____-control. - **Galatians 5:23**
- Are you more concerned about being _____ or being in a right _____ with your spouse?

Remember: Your spouse is NOT the _____. - **Ephesians 6:12**

4. _____ Together.

- Nothing builds _____ intimacy like praying together.
- Husbands, it's important to not only pray _____ your wife but to pray _____ your wife.
- Why is praying together such an awkward exercise for many couples?
- It's hard to pray for one another and have unresolved _____ with one another at the same time.
- Wives, what would it mean to you to hear your husband say, "How can I pray *for* you? Will you pray *with* me?"

5. _____ The Bible Or Devotional Books Together.

Open my eyes, that I may behold wonderful things from Your law. -

Psalm 119:18

Effective ways of reading the Bible together:

- o Lakewood's *Wisdom of God*
- o *Daily Light*
- o Discipleship Journal's *5X5X5 Bible Reading Plan*
- o Proverb of the Day

6. _____ In Discipleship Through The Church, Small Groups, and Mentors.

- Will showing up at church boost your spiritual intimacy?
- Be intentional about the _____ on your drive home.
- Make it a priority to be in biblical community with other couples.
 - o The overwhelming majority of couples in our office for marriage counseling are often _____ from authentic, biblical community.
- Ask a couple " _____ " from you to mentor you.
 - o What does a mentor couple possess? They have financial, intellectual, physical, relational, and spiritual _____ you do not have.

7. _____ Together.

- What are the benefits of serving together?
- As often as possible, we encourage couples to serve _____ by side.

Next Steps: Rank the following in order of importance. Take each spouse's number one and discuss how you'll incorporate it into your relationship this week:

_____ Praying together

_____ Reading the Bible together

_____ Attending church and a small group together

_____ Sharing our faith stories with one another

_____ Serving together

_____ Being patient with each other's spiritual growth

_____ Practice Self-Control and not Spouse-Control

Other: _____